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[Click here](#) to find out when you can come to Velocity beginning June 9th!

Results of the My Better Championship
Thank you to everyone who participated on our first Nike Sparq My Better Challenge! Brooke Backes finished in the top 10 females in the United States and will be going out to Oregon to compete against the nation's greatest! Congratulations, Brooke!!

Nike SPARQ 2008 Summer Camps

What: Velocity Sports Performance will be hosting 3 camps over the summer. Each camp is 4 days long, 3 hours a day. Athletes will be going through an hour and a half of Velocity Training, and an hour and a half of skills training.

Soccer: June 16-19
9 a.m.- noon
Shelbourne Fields, Carmel

Baseball: July 8-11
9 a.m.- noon
Billericay Fields, Fishers

Football: July 21-24
9 a.m.- noon
North Central H.S. Indianapolis

Cost: 180
2nd child \$20 off. Ask about a team discount (12 or more players)
To register, [click here!](#)

Good Luck, Michael!

Velocity would like to wish the best of luck to Michael as he begins a new career with the American College of Sports Medicine.

Welcome Josiah Johnson!

Josiah will be the new strength coach at the University of Indianapolis. He will be incorporating the Velocity program there to help the greyhounds improve their overall athleticism.

Spring Cleaning, Spring Giving! Bring in any old sports equipment and help make a hefty donation to the Global Gear Drive! Velocity will be collecting equipment to send to those that are less fortunate. For each piece you bring in you will be entered to win a Bob Sanders autographed hat or Marvin Harrison autographed football!